

## About this space

PLOT 22 is small – but you can't see it all when you first enter the gate. A path leads you under roses, past vegetables and a rockery, through an archway of fruit trees to a secluded fire circle, trestle table and wooden cabin. If the stove is lit perhaps you will smell wood smoke. As you look around a clay oven and quiet seating area reveal themselves. Around the corner – under the grape vine and out past a pond – the path continues in a meandering curve through more vegetable beds and greenhouses towards a sunny circle by a large Ash stump, which still throws up new branches.

Back near the entrance, a narrower brick path marks two large interlocking circles. The space created where the circles overlap is planted with herbs, and symbolises the shared place of connection between people and place, spirit and matter, life and death, mind and body, you and me. A place of alchemy!

## Our approach

PLOT 22 was founded and is maintained by volunteers, raising funds to host projects for specific groups, or attending regularly to care for the garden and support behind the scenes. We believe everyone has something to contribute and look for ways to encourage and develop this.

Our Circle Team meet regularly to share support, skills and ideas. Their shared purpose and collective responsibility help sustain PLOT 22. Founder Emma Houldsworth coordinates the organisation and supports the Circle Team, acting as main contact. Our Trustees support Emma and the Circle Team and ensure we meet our charitable aims.

PLOT 22 is a registered charity: 1165624

## Get involved

- **Visit our website** [www.plot22.org](http://www.plot22.org) for more information.
- **Sign up to our monthly newsletter** for updates and to find out about events and opportunities.
- **Become a Friend** and enjoy our Quiet Garden sessions.
- **Get in touch** [info@plot22.org](mailto:info@plot22.org) or 07717 467 862

## Find your way

Weald Allotments,  
Weald Avenue,  
Hove, BN3 7JN

**Walking:** 50 minutes from central Brighton

**Bicycle:** 10-20 minutes from central Brighton

**Bus:** Number 5 or 5a stop on Old Shoreham Road

**Train:** Aldrington Station is 5 minutes walk away

**Car:** Limited free parking on site and nearby



# PLOT 22

a place to be with the land in community



*“Could it be possible that a landscape might have a deep friendship with you? That it could sense your presence and feel the care you extend towards it?”*

*John O'Donohue*

## Welcome to PLOT 22

We provide communal gardening, outdoor cooking and skills – sharing opportunities for local residents, families and groups experiencing additional challenges. This helps build friendships and develops our connection with the natural world. A community project since 2010 and a registered charity since 2016, PLOT 22 offers a place of shared belonging and endeavour. Many call it a haven.



## Current projects

**Community Sundays & Celebration Days** all welcome.

**Dementia Inclusive Gardening** for people living with dementia, their carers and companions.

**Grow & Play** for parents and pre-school children.

**Lady Garden** for women.

**Thyme & Space** for female survivors of sexual abuse.

We also offer a programme of **Skills Workshops** and **PLOTworks**: an outdoor co-working and meeting space.



## Partnership work

We offer **taster sessions** for groups and work closely with other organisations to enable more people to benefit from being at PLOT 22. These currently include:

**TouchBase** supports children who have experienced trauma and loss.

**Martlets Hospice** hosts a bereavement gardening group for men called EarthWorks.

**Brighton & Hove Centre for Spirituality** holds quarterly meditative gardening sessions called Soil and Soul.

We are an associate of the **Quiet Garden Movement**.

## Our beliefs

**Gardening is deeply good for us.** The land reflects our care back to us. The beauty and complexity of the natural world is as nourishing to us as the food we grow.

**Good things happen through connection.** As the seasons turn, and we get to know the land and the people we garden alongside, new understandings, ideas, and possibilities emerge.

**We can make a difference.** By using permaculture and organic gardening practices, our actions offer a counterbalance to other negative human impacts on the environment.



**Everyone needs a place to put down roots.**

Tending the land together can reduce feelings of isolation. To see flowers emerge in spring from dry bulbs planted in autumn is profoundly encouraging. To grow food together is to nourish belonging and hope.

**Abundance is all around us:** in the generosity of courgettes, the over-flowing rainwater butts, in the time shared and skills volunteered too.